



Daily Bell Schedules

Middle Schools

3X3

Period 1/2	9:10 AM - 11:10 AM	120 minutes (115 + 5 for HR)
Passing/Brain Break	11:10 AM - 11:20 AM	10 minutes
Period 3 /4	11:20 AM - 1:45 PM	145 minutes (115 + 30 for lunch)
Lunch	<ul style="list-style-type: none"> • 11:55 AM - 12:25 PM • 12:35 PM - 1:05 PM • 1:15 PM - 1:45 PM 	Virtual Lunch: 1:15 PM - 1:45 PM
Passing/Brain Break	1:45 PM - 1:55 PM	10 minutes
Period 5/6	1:55 PM - 3:50 PM	115 minutes

4X4

Period 1/2	9:10 AM -10:41 AM	90 minutes (85 minutes + 6 for HR)
Passing/Brain Break	10:41 AM - 10:49 AM	8 minutes
Period 3 /4	10:49 AM - 12:14 PM	85 minutes
Passing/Brain Break	12:14 PM - 12:22 PM	8 minutes
Period 5/6	12:22 PM - 2:17 PM	115 minutes (85 + 30 for lunch)
Lunch	<ul style="list-style-type: none"> • 12:25 PM - 12:55 PM • 1:05 PM - 1:35 PM • 1:45 PM - 2:15 PM 	Virtual Lunch: 1:45 PM – 2:15 PM
Passing/Brain Break	2:17 PM - 2:25 PM	8 minutes
Period 7/8	2:25 PM - 3:50 PM	85 minutes