Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location Number:	Redland Middle School 6761
Principal:	Peter Gutierrez
Phone Number:	305-247-6112
School Wellness/Healthy School Team Leader:	Sandra Vincent
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Davin Granberry, Latoiya Smith, Tania Almagro, and Jennifer Zelaya
Committee Meeting Dates (list at least 4):	10/22/2026, 11/16/2026, 12/14/2026, 2/8/2026
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒Nutrition ☒Physical Education ☐Physical Activity ☒Health and Nutrition Literacy ☐Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition:** Lessons on healthy heating and the effects of poor nutrition. Promote school breakfast and lunch program. **Physical Education:** Fitness testing through physical education classes. **Physical Activity:** Mile run, playing sports, and calisthenics. **Health and Nutrition Literacy:** Utilize the school garden for fruit and vegetable choices in the cafeteria. **Preventive Healthcare:** Implement Wellway programs.

Sustainability Practices:	Encourage students to redistribute food rather than throw it away. Student lead survey regarding student waste.
Community Engagement:	Increase partnerships with businesses and farms in the local area. Send home samples of harvests from the school Work directly with MCPS life skill department. Participate in the Superintendent's 5K
Monitoring and Evaluation:	Conversations through department meetings regarding student physical progress. Health assessments through physical education classes.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	After school activities: Basketball, Flag Football, Cross Country, Volleyball, and Soccer.